

# Jeremiah Gathu Mwangi

Tel: +254 729033302 | Email: [gathumwangi.j@gmail.com](mailto:gathumwangi.j@gmail.com)

---

## Professional Summary:

I am a dedicated and compassionate individual with foundational caregiving and computer skills. Having recently completed secondary school and enrolled in a caregiving course, I bring enthusiasm and a strong desire to support others. My hands-on experience at Cheshire Home for the Aged has equipped me with practical skills in assisting vulnerable individuals and fostering positive relationships. I am committed to delivering quality care, demonstrating excellent communication, and addressing challenges with a problem-solving mindset.

---

## Work Experience:

**Cheshire Home For the Aged– Nairobi 01/01/2021-10/12/2024**

### Scope of work:

- Ensuring that the individuals are well fed.
- Ensuring that their rooms are well ventilated and clean.
- Organizing occasions for visitations by various groups.
- Keeping on records for doctor's visitations for the sick individuals.
- Attending to the bed-ridden patients and helping them in their mobility.
- Helping in the coordination of inviting psychologists.

**Whole Child Development (Youth monitor) – JASLIKA Foundation 01/05/2024 – 01/12/2024**

### Scope of work:

- Identifying schools and vocational training centres in Nyeri to undertake mentoring activities .
- Seeking consent of the authorities to undertake mentorship activities.
- Developing a plan to engage community members .
- Undertaking community dialogues.
- Report writing and submitting to the project officer.

**Owner – Wan Farm (Nyeri, Kenya | 01/02/2024 – Present)**

- **Farm Operations Management:** Overseeing daily farm operations, ensuring all agricultural activities, such as planting, harvesting, and livestock care, are carried out efficiently.
  - **Customer Relations and Sales:** Using call center skills to handle inquiries from customers, suppliers, and vendors regarding products like produce or livestock.
  - **Marketing and Outreach:** Promoting farm products to local markets, restaurants, and consumers using customer care skills to build lasting relationships.
  - **Inventory and Resource Management:** Keeping track of inventory, supplies, and equipment on the farm, using organizational skills from call center work to ensure timely replenishment and efficient use of resources.
  - **Conflict Resolution:** Addressing any disputes or conflicts within farm workers, suppliers, or customers, using de-escalation and problem-solving.
-

---

### Education:

1. **Certificate in Care-giving**  
*Go Care Training Institute – Nairobi, Kenya | 2024*
2. **Computer Packages**  
*Spa Ambassador College,, Kenya | 2024*

### Additional:

- **Languages:** English (Proficient), Swahili (Proficient).
- 

### Volunteering:

- Child Holistic Champion: Jaslika Consulting
- 

### Referees:

Caroline Makena  
Manager  
Cheshire Home For the  
Elderly  
TEL: 0745086998

Josephine Wangechi  
Director  
Sisters of Mary  
Immaculate  
Empowerment Centre  
TEL: 0101374171