

CURRICULUM VITAE

LORNA WATURI MATHU

P.O BOX 1112-10100 NYERI, +254116376913

Lornamathu4@gmail.com

PROFESSIONAL PROFILE

I am a dedicated, innovative, goal-oriented, ambitious, self - motivated and conscientious individual with strong communication and interpersonal skills and the ability to work under pressure with minimal supervision. I strive to advance through the ranks, fully utilizing my abilities to support individuals and foster growth.

CARRER OBJECTIVES

I aspire to pursue a career that:

- Provides an opportunity to contribute to the institutions mission and vision
- Provide challenging responsibilities to enhance my professional growth
- Broaden my practical skills and knowledge in order to perform to the best of my ability and to that of employer

EDUCATION BACKGROUND

2023-2024

Outspan Medical College

(certificate in health service support)

Key modules: communication skills, employability skills, nursing skills, digital literacy, executive supportive store procedures

2017-2021

Githunguri Girls High School

(Kenya Certificate of Secondary Education)

2009-2016

Linet Academy

(Kenya Certificate of Primary Education)

WORKING EXPERIENCE

1.Outspan Teaching and Referral Hospital

- September 2023- March 2024

Role: Health Support Assistant

2.Nanyuki Referral Hospital

- August-2023 - Attachment

Role: (caregiving)

3.Elite Nutri-care home

- May – June 2024

Role: (caregiving)

4.Nyeri Hospice

- December 2023 - Attachment

Role: (caregiving)

DUTIES

- Assisting patients with activities of daily living including feeding, bathing, toileting
- Maintaining a clean and sanitized environment for patients
- Performing Housekeeping duties
- Storekeeping and maintaining inventory of supplies
- Laundry management and proper handling of linen

SKILLS AND COMPETENCIES

- Excellent communication and interpersonal skills
- Strong knowledge of hygiene and infection, prevention and control procedures
- Competent in general housekeeping and sanitation
- Team player with high levels of integrity and confidentiality
- Basic computer and digital literacy skills
- Store keeping and inventory management

LANGUAGES

- English (Fluent)
- Kiswahili (Fluent)

REFEREES

1.Dr. Kirubi

Clinical instructor of health service support

(outspan medical college)

Tel: 0729 537 089

2.Madam Leah

Caregiver Elite Nutri-care Home

Tel: 0759589114

3.Lilian Githinji

In charge Orthopedics ,Trauma and Medicine Nanyuki Referral Hospital

Tell: 0722902513