

# CURRICULUM VITAE

LORNA WATURI MATHU

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## PROFESSIONAL PROFILE

I am a dedicated, innovative, goal-oriented, ambitious, self - motivated and conscientious individual with strong communication and interpersonal skills and the ability to work under pressure with minimal supervision. I strive to advance through the ranks, fully utilizing my abilities to support individuals and foster growth.

## CARRIER OBJECTIVES

I aspire to pursue a career that:

- Provides an opportunity to contribute to the institutions mission and vision
- Provide challenging responsibilities to enhance my professional growth
- Broaden my practical skills and knowledge in order to perform to the best of my ability and to that of employer

## **EDUCATION BACKGROUND**

**2023-2024** **Outspan Medical College**

(certificate in health service support)

Key modules: communication skills, employability skills, nursing skills, digital literacy, executive supportive store procedures

**2017-2021** **Githunguri Girls High School**

(Kenya Certificate of Secondary Education)

**2009-2016** **Linet Academy**

(Kenya Certificate of Primary Education)

## **WORKING EXPERIENCE**

### **1. Outspan Teaching and Referral Hospital**

- September 2023- March 2024

**Role:** Health Support Assistant

### **2. Nanyuki Referral Hospital**

- August-2023 - Attachment

**Role:** (caregiving)

### **3. Elite Nutri-care home**

- May – June 2024

**Role:** (caregiving)

### **4. Nyeri Hospice**

- December 2023 - Attachment

**Role:** (caregiving)

## **DUTIES**

- Assisting patients with activities of daily living including feeding, bathing, toileting
- Maintaining a clean and sanitized environment for patients
- Performing Housekeeping duties
- Storekeeping and maintaining inventory of supplies
- Laundry management and proper handling of linen

## **SKILLS AND COMPETENCIES**

- Excellent communication and interpersonal skills
- Strong knowledge of hygiene and infection, prevention and control procedures
- Competent in general housekeeping and sanitation
- Team player with high levels of integrity and confidentiality
- Basic computer and digital literacy skills
- Store keeping and inventory management

## **LANGUAGES**

- English (Fluent)
- Kiswahili (Fluent)

## **REFEREES**

### **1.Dr. Kirubi**

**Clinical instructor of health service support**

**(outspan medical college)**

**Tel: 0729 537 089**

### **2.Madam Leah**

**Caregiver Elite Nutri-care Home**

**Tel: 0759589114**

### **3.Lilian Githinji**

**In charge Orthopedics ,Trauma and Medicine Nanyuki Referral Hospital**

**Tell: 0722902513**