

**IRENE WAMBUI KIHARA**

**P.O BOX 124-20109 SUBUKIA**

**+254743537800**

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## **OBJECTIVE**

To secure a position as a Nurse Assistant/Caregiver where I can utilize my compassionate nature, dedication, and expertise in providing exceptional care to elderly, disabled, and general patients. I aim to leverage my skills in assisting with activities of daily living, medication management, and household tasks to enhance the quality of life for clients and contribute to their overall well-being.

## **PROFESSIONAL EXPERIENCE**

**Rapha hospital and clinic –kesses**

**Caregiver**

**January 2024 – present**

### **Duties and responsibilities**

- Provide personal care assistance to elderly and patients in need.
- Assist patients with mobility issues, including transferring from bed to wheelchair and vice versa.
- Administer medications according to prescribed schedules and monitor any adverse reaction.
- Plan and prepare nutritious meals and assist with feeding as necessary.
- Perform light housekeeping duties such as bed making.

## **Skills**

- Strong communication skills
- Good interpersonal skills.
- Ability to multitask and prioritize tasks effectively.
- Knowledge of basic medical procedures
- Knowledge in computer applications: Excel, Word PowerPoint.

## **EDUCATION**

### **Macmillan Technical College**

2023-2024

Certified Nurse Assistant

### **Goshen Sacred Girls**

2017-2020

Kenya Certificate of Secondary Education

### **Lari Primary School**

2008-2015

Kenya Certificate of Primary Education

## **WORK EXPERIENCE**

1. Kenafric Industries

May 2024- Mid July 2024

F.S.S.R

2. Rapha Hospital and clinic-Kesses

2024

Nurse Assistant

3. Min Subukia General Shop

2021-2023

M-Pesa and Shop Attendant

## **HOBBIES**

Social interactions

Research Writing

Travelling to new places

## **REFEREES**

1. Dan Kurui

Human Resource Manager

Rapha Hospital and Clinics-Kesses

0711900706

2. Mrs Juliet Gachanja

Director

Min Subukia Ge. Shop

0724797062

3. Kevin Oginga

Human Resource Manager

Kenafric Industries / BOWIP Agencies

0702203962