



ABEL KIPKORIR

Registered Nurse

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Nationality Kenyan

PROFESSIONAL SUMMARY

Hardworking, highly motivated, and exceptionally skilled Registered Nurse with a Diploma in Kenya Registered Nurse, possessing comprehensive clinical experience across diverse hospital settings, including medical-surgical, pediatrics, maternity, critical care, and psychiatric units. Proven expertise in conducting thorough patient assessments, administering medications, developing individualized care plans, and managing emergencies. Adept at leveraging strong communication, critical thinking, and adaptability to deliver high-quality, patient-centered care, enhance public health initiatives, and contribute significantly to positive health outcomes in both clinical and community environments.

SKILLS

- Excellent Communication Skills
- Adaptability & Flexibility
- Decision Making and Problem Solving skills
- Primary Health Care
- Excellent Patient Assessment
- Excellent Nursing Skills
- Emergency Care
- Health Education & Counseling
- Infection Prevention & Control
- Excellent Interpersonal Skills
- Time Management
- Teamwork & Collaboration
- Patient care
- Medication and IV administration
- Patient treatment planning skills
- Patient counselling
- Clinical Documentation & Record Keeping

EXPERIENCE

REGISTERED NURSE – Toror Hospital and Clinic

Kapenguria, January 2025 - Present

- Conducting comprehensive patient assessments, including physical examinations, for patients.
- Administering prescribed medications and treatments meticulously, ensuring correct dosage, route, and patient response monitoring, achieving zero medication errors to date.
- Developing and implementing individualized nursing care plans, addressing specific patient needs and promoting optimal recovery.
- Collaborating seamlessly with multidisciplinary healthcare teams (doctors, specialists, allied health) to ensure coordinated and holistic patient care.

- Providing essential health education and counseling to patients and their families on disease management, medication adherence, and preventive health measures.
- Managing medical emergencies effectively, assisting in patient stabilization and coordinating with the medical team for critical interventions.
- Maintaining accurate and confidential patient medical records, ensuring comprehensive documentation of all care provided and patient progress.
- Ensuring strict adherence to hospital policies, protocols, and ethical guidelines, maintaining the highest standards of care.
- Participating in continuous professional development activities and quality improvement initiatives to enhance clinical practice and patient safety.
- Overseeing patient admissions and discharges, ensuring smooth transitions of care and thorough patient education on follow-up.

LOCUM – Murang'a Level 5 Hospital

May 2024 - December 2024

- Provided direct nursing care across Medical, Surgical wards, Labour ward, Casualty, and MCH units, managing patients.
- Assessed patient conditions, administered medications, and implemented treatment plans effectively, contributing to positive patient outcomes.
- Managed emergency cases in the Casualty department, performing rapid triage and assisting in patient stabilization.
- Supported mothers through labor and delivery in the Labour ward, ensuring safe birth practices and immediate newborn care.
- Maintained meticulous patient records and charts, ensuring 100% accuracy and compliance with hospital standards.
- Collaborated with a large multidisciplinary team, including doctors and specialists, to ensure coordinated patient care.
- Provided patient education on various health topics, including post-surgical care and maternal health.
- Adhered strictly to infection prevention and control protocols across all rotated departments.

STUDENT NURSE – Murang'a county Hospital

March 2024 - April 2024

- Gained hands-on experience in Theatre, assisting with pre- and post-operative patient care and maintaining sterile fields.
- Observed and assisted in renal care procedures, including dialysis, understanding patient management in specialized units.
- Participated in Outpatient Department (OPD) activities, assisting in patient assessments and flow management.
- Assisted in emergency response in Casualty, learning rapid assessment and initial stabilization techniques.
- Gained exposure to Intensive Care Unit (ICU) settings, observing critical patient monitoring and interventions.
- Maintained accurate patient records and assisted with clinical documentation in each rotated department.
- Collaborated with nursing staff, learning about interdisciplinary teamwork in a busy hospital environment.
- Adhered to hospital policies and safety protocols across all clinical rotations.

PUBLIC HEALTH NURSE EXPERIENCE – Uasin Gishu County Hospital

February 2024 - March 2024

- Participated actively in public health nursing initiatives, including community health assessments and data collection.

- Assisted in organizing and conducting health education campaigns on prevalent public health issues for community members.
- Gained practical experience in disease surveillance and reporting, contributing to public health data.
- Supported immunization drives, assisting in vaccine preparation and administration under supervision.
- Collaborated with community health workers to identify and address health needs in various settings.
- Learned about environmental health practices and their impact on community well-being.
- Assisted in home visits to follow up on patients and provide health counseling.
- Maintained accurate records of public health interventions and community engagements.

STUDENT NURSE – Sagana Health Centre

November 2023 – December 2023

- Conducted community diagnosis activities, identifying prevalent health issues and risk factors in rural populations.
- Participated in community health action planning, assisting in designing interventions to address identified needs.
- Provided essential Maternal and Child Health (MCH) services, including antenatal and postnatal care for mothers.
- Assisted in child immunization programs, ensuring adherence to vaccination schedules in the community.
- Delivered health education talks on hygiene, nutrition, and disease prevention to community members.
- Conducted home visits to follow up on patients and provide continuity of care.
- Maintained accurate records of community interventions and patient interactions.
- Collaborated with local health volunteers and community leaders to implement health programs.

STUDENT NURSE – Mathare Hospital

February 2023 – June 2023

- Gained comprehensive psychiatric nursing experience, assisting in the care of patients with various mental health conditions.
- Performed daily Mental Status assessments of patients, contributing to their individualized care plans.
- Ensured that activities of daily living (ADLs) of patients were met, providing assistance with personal hygiene and feeding.
- Involved actively in patient admission and discharge processes within the psychiatric unit.
- Assisted in administering prescribed psychotropic medications, meticulously documenting dosages and patient responses.
- Provided emotional support and therapeutic communication to patients, fostering a supportive environment.
- Maintained accurate patient records, ensuring confidentiality and compliance with hospital standards.
- Collaborated with the psychiatric nursing team, psychiatrists, and psychologists to ensure coordinated patient care.

STUDENT NURSE – Kimbimbi Sub County Hospital

March 2022 – August 2022

- Gained extensive experience in the Maternity ward, assisting in the care of expectant and new mothers.
- Provided comprehensive care in the Newborn Unit, including initial assessment, feeding support, and monitoring of vital signs for newborns.
- Actively participated in Antenatal clinics, assisting in patient assessments, health education, and preparing mothers for delivery.
- Assisted in labor and delivery, providing support to laboring mothers and assisting with safe birth practices.

- Administered medications to mothers and newborns under supervision, ensuring accuracy and patient safety.
- Maintained accurate patient records for maternity and newborn care, ensuring comprehensive documentation.
- Collaborated with the nursing team to ensure coordinated care for mothers and infants.
- Participated in patient education sessions on breastfeeding, newborn care, and postpartum recovery.

EDUCATION

DIPLOMA IN KENYA REGISTERED NURSE

— Kenya Medical Training College (KMTA)

Murang'a Campus, Dec 2024

KENYA CERTIFICATE OF SECONDARY EDUCATION

— LEMOOK SECONDARY SCHOOL

Nov 2014

REFERENCES

ZACHARY NYAGAH — MURANG'A MEDICAL TRAINING COLLEGE
HEAD OF NURSING DEPARTMENT

Phone Number 0718380825

VINCENT MUTUMA — MURANG'A MEDICAL TRAINING COLLEGE
DEAN OF STUDENTS

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