



RACHAEL WANGUI GITUIRIA

Healthcare Support Assistant

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📍 Nairobi, Kenya

★ SUMMARY

Compassionate and certified Healthcare Support Assistant with 6 months of rigorous training and 1-month clinical internship at National Spinal Injury Referral Hospital. Proven ability to deliver patient-centered care, monitor vital signs, maintain hygiene protocols, and collaborate in multidisciplinary teams. Recognized for dedication, empathy, quick learning, and professionalism.

EDUCATION

Certificate in Healthcare Support Assistant

Ujuzi Fursa Africa Training Institute, Nairobi

- Completed intensive theory and practical modules
- Awaiting final exam results

EXPERIENCE

Healthcare Support Assistant Intern

Sep 2025



CORE SKILLS

Patient-Centered Care & Dignity

Vital Signs Monitoring & Record-Keeping

Mobility & Rehabilitation Support

Infection Prevention & Hygiene

Team Collaboration & Communication

Empathy, Reliability & Fast Learning

National Spinal Injury Referral Hospital, Nairobi

- Assisted nurses with daily patient care including bathing, feeding, dressing, and mobility
- Monitored and recorded vital signs accurately for patient documentation
- Ensured patient comfort, dignity, and safety throughout care delivery
- Supported infection control and hygiene protocols in clinical environment
- Collaborated with interdisciplinary team in high-pressure spinal ward
- Commended for quick adaptation, teamwork, and professional work ethic



REFERENCES

Ujuzi Fursa Africa Training Institute

Nairobi, Kenya

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