



RACHAEL WANGUI GITUIRIA

Healthcare Support Assistant

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rachealwangui64@gmail.com

Nairobi, Kenya

☆ SUMMARY

Compassionate and certified Healthcare Support Assistant with 6 months of rigorous training and 1-month clinical internship at National Spinal Injury Referral Hospital. Proven ability to deliver patient-centered care, monitor vital signs, maintain hygiene protocols, and collaborate in multidisciplinary teams. Recognized for dedication, empathy, quick learning, and professionalism.

📖 EDUCATION



Certificate in Healthcare Support Assistant

June – Oct 2025

Ujuzi Fursa Africa Training Institute, Nairobi

- Completed intensive theory and practical modules
- Awaiting final exam results



EXPERIENCE



Healthcare Support Assistant Intern

Sep 2025



CORE SKILLS

Patient-Centered Care & Dignity

Vital Signs Monitoring & Record-Keeping

Mobility & Rehabilitation Support

Infection Prevention & Hygiene

Team Collaboration & Communication

Empathy, Reliability & Fast Learning

National Spinal Injury Referral Hospital, Nairobi

- ♦ Assisted nurses with daily patient care including bathing, feeding, dressing, and mobility
- ♦ Monitored and recorded vital signs accurately for patient documentation
- ♦ Ensured patient comfort, dignity, and safety throughout care delivery
- ♦ Supported infection control and hygiene protocols in clinical environment
- ♦ Collaborated with interdisciplinary team in high-pressure spinal ward
- ♦ Commended for quick adaptation, teamwork, and professional work ethic



REFERENCES

Ujuzi Fursa Africa Training Institute

Nairobi, Kenya

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