

# ABDULKARIM SHUAIB

Kwilembe Primary School Post Office box 17 Namwera Mangochi  
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## EXPERIENCE

### Saudi Red Crescent Society

20 January 2023 - 19 January 2024

Health and nutrition officer

I was responsible for developing and implementing programs and policies related to promoting healthy eating habits, physical activity, and overall wellness in a community or organization. My duties were:

1. Developing and implementing health and nutrition education programs for individuals or groups
2. Conducting assessments of community or organizational health needs and developing strategies to address them
3. Providing nutrition counseling and support to individuals with specific dietary needs or health conditions
4. Collaborating with other health professionals, such as doctors and dietitians, to develop comprehensive health and nutrition plans
5. Monitoring and evaluating the effectiveness of health and nutrition programs
6. Advocating for policies and initiatives that promote healthy eating and lifestyles

### Good hope Pvt Clinic

10 July 2024 - 10 August 2024

Dietitian intern

Orientation Requirements by the Medical Council of Malawi for the registration as the Registered Dietitian Nutritionist

## EDUCATION

### Qassim University

2019-2024

Bsc in Food Sciences and Human Nutrition (Dietetics)

3.85/5.0

### Oxford Home Study Academy

2021-2022

Diploma in Diet and Nutrition

### Qassim University

2017-2019

Diploma in Arabic Language and Social Studies

## SKILLS

Effective communication



Creative thinking



Problem solving



Time Management



Computer (Word, Excel, PowerPoint, Graphic designing)



## REFERENCE

**Muhammad Attia - Albarakah charity trust (Umar Bin Khatwaab Islamic Institute)**

Principal

malaweomr@yahoo.com

0995297483

**Dr Steven Nthungwa likaomba - Lipinda Health Center**

Dr

nthungwa45@yahoo.com

0995363066

**Dr Nasser Suleiman Hafiz - Saudi Red Crescent Authority**

Director

Alghafees@srca.gov.sa

050 398 0998

**Assalam Boys p.v.t. Secondary School**

*2010-2014*

Malawi School Certificate of Education

**Umar Bin Khatwaab Islamic Institute**

*2008-2010*

Qur'ān Memorization (Hifiz) Certificate

**Baldat Taybah Academy**

*2021-2022*

Diploma in Qur'ān Sciences