

ABDULKARIM SHUAIB

Kwilembe Primary School Post Office box 17 Namwera Mangochi
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EXPERIENCE

Saudi Red Crescent Society

20 January 2023 - 19 January 2024

Health and nutrition officer

I was responsible for developing and implementing programs and policies related to promoting healthy eating habits, physical activity, and overall wellness in a community or organization. My duties were:

1. Developing and implementing health and nutrition education programs for individuals or groups
2. Conducting assessments of community or organizational health needs and developing strategies to address them
3. Providing nutrition counseling and support to individuals with specific dietary needs or health conditions
4. Collaborating with other health professionals, such as doctors and dietitians, to develop comprehensive health and nutrition plans
5. Monitoring and evaluating the effectiveness of health and nutrition programs
6. Advocating for policies and initiatives that promote healthy eating and lifestyles

Good hope Pvt Clinic

10 July 2024 - 10 August 2024

Dietitian intern

Orientation Requirements by the Medical Council of Malawi for the registration as the Registered Dietitian Nutritionist

EDUCATION

Qassim University

2019-2024

Bsc in Food Sciences and Human Nutrition (Dietetics)
3.85/5.0

Oxford Home Study Academy

2021-2022

Diploma in Diet and Nutrition

Qassim University

2017-2019

Diploma in Arabic Language and Social Studies

SKILLS

Effective communication



Creative thinking



Problem solving



Time Management



Computer (Word, Excel, PowerPoint, Graphic designing)



REFERENCE

Muhammad Attia - Albarakah charity trust (Umar Bin Khatwaab Islamic Institute)

Principal

malaweomr@yahoo.com
0995297483

Dr Steven Nthungwa Iikaomba - Lipinda Health Center

Dr

nthungwa45@yahoo.com
0995363066

Dr Nasser Suleiman Hafiz - Saudi Red Crescent Authority

Director

Alghafees@srca.gv.sa
050 398 0998

Assalam Boys p.v.t. Secondary School

2010-2014

Malawi School Certificate of Education

Umar Bin Khatwaab Islamic Institute

2008-2010

Qur'ān Memorization (Hifiz) Certificate

Baldat Taybah Academy

2021-2022

Diploma in Qur'ān Sciences