

# **CURRICULUM VITAE**

## **Contact Information**

**Name:** Mildred Aketch Owuor

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## **Professional summary**

Dedicated and compassionate Community Health and HIV/AIDS Management Practitioner with a solid foundation in public health and practical experience gained through attachments. A passionate advocate for health equity and social justice, committed to enhancing the well-being of individuals and communities impacted by HIV/AIDS. Possesses exceptional communication skills, an in-depth understanding of HIV prevention and care, and a proven ability to collaborate effectively with diverse stakeholders.

## **Education:**

- **Diploma in Community Health and HIV/AIDS Management**  
Thika School of Medical and Health Sciences – November 2022
- **Kenya Certificate of Secondary School Education (KCSE)**  
Kobudho Education Centre - 2016

## **Professional Experience:**

### **Community Health and HIV/AIDS Management Attachéé**

Mbita Sub-County Hospital *January – April 2020*

#### **Duties and Responsibilities**

#### **HIV/AIDS Testing and Counselling**

- Conducted HIV/AIDS Testing and Counselling procedures under the guidance of healthcare providers in the HIV clinic.
- Provided pre-test and post-test counselling to patients.
- Counseled patients with reactive results to initiate ART medication.

- Advised non-reactive patients on practicing precautionary measures, including abstinence, condom use, and maintaining a faithful partner.
- Counseled discordant couples on strategies to prevent transmission and self-reinfection.

### **Maternal and Child Health**

- Assisted in delivering Health Education sessions to expectant and nursing mothers.
- Supported maternal health initiatives by training mothers in various family planning methods.
- Educated HIV-infected mothers on methods to prevent mother-to-child transmission.
- Provided guidance to lactating mothers on the benefits of exclusive breastfeeding.
- Advised mothers on the significance of childhood immunization.

### **Skills**

- HIV Testing and Counselling
- Health Education and Promotion
- Community Engagement
- Treatment Adherence Support
- Effective Communication and Interpersonal Skills
- Data Collection and Documentation

### **Interest**

- Travelling
- Singing
- Networking

### **Reference**

#### **1. Mrs. Millicent Aketch**

Head of Department, Health Sciences Thika School of Medical and Health Sciences  
(Kisumu Campus)  
Tel: 0710 306965

#### **2. Mrs. Berly Ojanji**

Public Health Officer  
Mbita Sub-County Hospital  
Tel: 0719 382194