

## *My Curriculum vitae*



**RATIB KIGUNYI CHOKUNZIRA**

**Tel: +254728336544**

**Email: [kigunviratib@gmail.com](mailto:kigunviratib@gmail.com)**



### **PERSONAL DETAILS:**

**ID NUMBER:** 32517977  
**PASSPORT NUMBER:** AK08866740  
**DATE OF BIRTH:** 28<sup>TH</sup> JANUARY 1994  
**AGE:** 30 YEARS  
**SEX:** MALE  
**MARITAL STATUS:** SINGLE  
**LANGUAGES:** ENGLISH  
**RELIGION:** ISLAM  
**NATIONALITY:** KENYAN

### **PERSONAL PROFILE**

A seasoned driven individual with a specialist in Health care delivery, Safety management and computing. I am a diligent, innovative, dedicated, self-motivated and hardworking person who works efficiently both personally and as a team even when under pressure with little supervision or no supervision. I enjoy working with people while remaining confident and good-humored to meet my target of producing the best attainable results.

### **CAREER ASPIRATIONS**

To invest my abilities, time and intellect in participating in community leadership in delivering knowledge and acquired skills in both institution that seeks to deliver unmatched health services to fulfil the needs of society and the continuation of community medicine to the public in large.

### **EDUCATION AND PROFESSIONAL QUALIFICATIONS:**

#### **SEPTEMBER 2016 – SEPTEMBER 2017**

Mount Kenya University

Certificate in Community Health and HIV Management

#### **AUGUST 2019**

##### **Training**

Customer Care Services at Mary Help Of The Sick Mission Hospital

#### **MARCH 2020**

##### **Training**

Kenya Youths Against Gender Violence Programme (KYAGVP)

## **JANUARY 2020**

### **Training**

AAA Computer and Driving School

Driving Licence

## **MAY 2021**

### **Training**

Kenya Emergency Of Covid 19 Response Team on covid 19 Vaccination Programme

## **AUGUST 2022**

National Resuscitation Council of Kenya

Mary Help Mission Hospital

Certificate In Basic Life Support

## **2012– 2015**

St Paul's Boys High School

Kenya Certificate Of secondary education Grade – C-

## **2002 – 2009**

Sinoko Primary School

Kenya Certificate of Primary Education

## **WORK EXPERIENCE**

2018 up to date

Mary Help Of the Sick Mission Hospital

Patient Attendant

### **Roles**

Helping patients with activities of ADLs-activities of daily living;

- Which includes eating, bathing, moving, Wound dressing, grooming, using the toilet and general patient hygiene
- Obtaining routine measurements; which includes taking of vital signs.
- Assisting in admission, transfers and discharge of patients.
- Maintaining a safe and clean environment for the patient which includes cleaning bed and bed side lockers with disinfectants,
- Supporting the patients emotionally; by companying them and taking genuine interest in them.
- Documentation of care provided and observations promptly and accurately
- Health education to patients .
- Maternal and child health service delivery
- Infection control measures including precaution taking accordingly
- Outreach service participant and assistance in Community Health
- Takes initiative in delivery of services—sees what needs to be done and does it, within scope of practice
- Works to build relationships with residents and their family members that are warm, positive and supportive.

- Reports to supervisor/charge nurse any observations or concerns about the resident's status in a timely fashion.

March 2020

Kenya Youths Against Gender Violence Programme. (KYAGV.P)

Community health/Public Health liaison officer and assistance

Roles

- Health promotions
- Resource mobilization
- Nurse Aide lectures on units' key units including;
  - Human Anatomy and physiology
  - First Aid
  - Nurse assistance responsibility
  - Introduction to health care system
  - Legal and ethical aspects of health care
  - Preventing injuries
  - Controlling spread of infection
  - Communication skills
- Community health medicine
- Mental health
- Disaster preparedness and management

#### **Key Professional Skills:**

- Excellent interpersonal skills
- Health assessment skills
- Team commander
- Guidance and counselling
- Communication skills; fluent English and Kiswahili
- Infection control measures
- Conducting occupational health and safety education
- Emergency handling and response; CPR and First Aid

#### **Expertise**

- Community health
- Health promotion
- Health disparities
- Health education
- Health care management
- Public health education
- Health care delivery
- Health management
- Primary care medicine
- Community medicine
- Health care management
- Health care administration

#### **Hobbies/Interests:**

- Team leader
- Reading
- Research

- Lecturing

## **REFEREES**

1. DR JOSEPH MUCHIRI,  
HEAD OF DEPARTMENT,  
COMMUNITY HEALTH,  
MOUNT KENYA UNIVERSITY,  
P.O BOX 342-01000, THIKA  
TEL: +254719802082
2. Dr ELIZABETH KANYARI  
CLINICAL OFFICER,  
MARY HELP OF THE SICK MISSION HOSPITAL, THIKA  
TEL:+254720023161
3. MRS. ESTHER WANJIRU THEA,  
MARY HELP MISSION HOSPITAL,  
NURSING OFFICER INCHARGE,  
TEL: +254721304888